



FOR ASYLUM SEEKERS

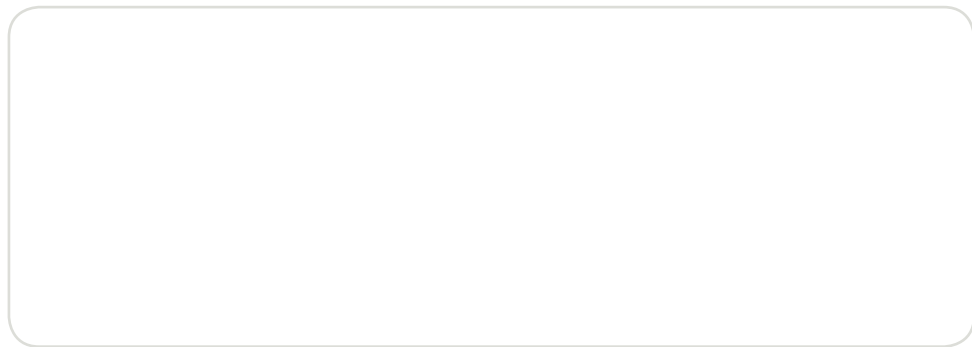


What to do if you need medical or dental care

HEALTH CENTRE — IF YOU ARE **NOT** SERIOUSLY ILL OR INJURED

If you have symptoms that do not require immediate hospital care, you should seek help at the health centre. The health centre is open between 08:00 and 17:00 on weekdays. To be examined, you must call and make an appointment.

Contact information for the health centre:



1177 HEALTHCARE INFORMATION — IF YOU NEED ADVICE ON HEALTHCARE

Dial 1177 to speak to a telephone nurse. The telephone nurse can answer questions, give you advice, assess whether you need medical care and, if so, refer you to the right place. You can call 1177 anytime of the day. Interpreters are available on request. You can also find advice on the internet. On www.1177.se, you can find texts on diseases, symptoms, examinations and treatments. Some of the texts have been translated into different languages.

EMERGENCY DEPARTMENT — IF YOU BECOME SERIOUSLY ILL OR ARE INJURED

If you suddenly become seriously ill or are injured in an accident, you should go to the Emergency Department at Östersund Hospital. The Emergency Department is open all day every day.

If you are admitted to Östersund Hospital, it is very important that you or a member of the staff informs the Swedish Migration Board in Östersund. The phone number for the Swedish Migration Board is 010-485 54 18.

DENTAL CARE — IF YOU HAVE TOOTHACHE

Children seeking asylum are entitled to dental care, in exactly the same way as other children in Sweden. To be considered a child you must be under 18 years of age.

Adult asylum seekers are only entitled to emergency dental care. That is, if you have a fever, swelling, pain or trauma (if you have received a blow to the mouth).

Children will automatically be called to the Swedish Public Dental Service for examination in the district where the child lives. If the child requires emergency dental care, you should call the Swedish Public Dental Service helpline on 063-15 33 00. Adults who require emergency dental care should also call the Swedish Public Dental Service helpline. You must always call and make an appointment before coming for emergency dental care.

RIGHTS IN HEALTHCARE AND DENTAL CARE

Asylum-seeking children (under 18 years old) are entitled to the medical and dental care that they need in the same way as other children living in Sweden.

Asylum-seeking adults (over 18 years old) are entitled to emergency medical care, emergency dental care, prenatal care, birth care, family planning, abortion, medical care under the Communicable Diseases Act, and healthcare that cannot wait.

Remember that you always have to show your asylum receipt or LMA card when consulting professionals within healthcare and dental care, as well as when you buy prescription medication.

HEALTH EXAMINATION

All asylum seekers are entitled to receive a free health examination. Please take advantage of this opportunity.

INTERPRETER

You always have the right to an interpreter when you are in contact with medical and dental care services. If you have an appointment at the health centre, hospital or dental clinic, it is important that you arrive on time because the interpreter is booked for your visit.

COSTS FOR HEALTHCARE AND DENTAL CARE

Children and young people under the age of 20 receive free medical care.

Persons aged 20 and over pay:

- SEK 25 to be seen by a district nurse at a health centre
- SEK 50 to be seen by a doctor at a health centre
- SEK 50 for a visit to the hospital's emergency department, if you have first been to the health centre and received a referral. If you do not have a referral, the visit to the emergency department costs SEK 300.

Children and young people seeking asylum can receive free dental care. This applies until the age of 18. Adults who have turned 18 and are seeking asylum may receive emergency dental care for fever, swelling, pain or trauma (if you have received a blow to the mouth). A visit costs SEK 50.

IF YOU BECOME PREGNANT

Contact the health centre as soon as you know you are pregnant. You have the right to regular check-ups with a midwife. If necessary, you can also see a doctor. You will also receive information before the delivery, care during the delivery, and health examinations for you and your baby after the birth. You can also receive advice on contraception. This care is free of charge.

ABORTION

Under Swedish law, the woman decides herself if she wants to have an abortion or not. Women who want advice about abortion should make an appointment at the abortion clinic at Östersund Hospital. There are two phone numbers for the clinic:

You can call 063-15 39 30 on Monday, Tuesday and Wednesday between 08:00 and 09:00.

You can call 063-15 35 93 on Thursday and Friday between 08:00 and 09:00.

TRAVEL

It is your own responsibility to arrange for transport to and from your health service appointments. If the medical staff feel that you are too ill and require a taxi instead, they will write a certificate and order a taxi for you. The journey costs SEK 40. You pay the fee to the taxi driver before setting off.

MEDICATION

If you need medication, you will need to buy it at the pharmacy specified by your doctor. If you have received a prescription for certain medication and show your LMA card when filling the prescription, you will pay no more than SEK 50. When buying non-prescription medication, you pay the normal, full price.

RIGHT TO REIMBURSEMENT

Save all of your receipts from visits to the medical and dental services, as well as from purchases of prescription medicine and patient transportation. If you have paid more than SEK 400 within a six-month period, you can apply for a special allowance from the Swedish Migration Board. You will receive compensation for costs over and above the SEK 400. If you have paid SEK 600, for example, you will receive compensation of SEK 200.